

NATIONAL NUTRITION DAY CELEBTATION 2022

(22/09/2022)

The National Nutritional Day celebration under the theme of '*Celebrate A World of Flavours*' was organized by the Community Health Nursing and the Pediatric Nursing department of MGM, Mother Teresa College of Nursing, Aurangabad. It was held on 22nd September 2022 at the Einstein Auditorium, MGM campus, from 9.00am to 1.00pm. The aim of this National Nutritional day celebration is to create awareness about good nutrition and health. On this occasion we had organized a quiz competition for the UG and PG students on the theme of National Nutrition Day 2022 and the students were enthusiastically participated. From 10.00 am to 1.00pm Guest speaker Ms. Deepali Pathak, Clinical Nutritionist & Dietitians Counsellor, Arnav Clinic, Garkheda, Aurangabad, took a seminar on the topic **“choose right plate for healthy life”**. The session was very informative and she explained in detail about the importance of ‘eating right’ for healthy body, healthy mind and a healthy lifestyle. For this session the anchoring was done by Ms. Aparna Wankhede from Second year M.Sc Nursing and the vote of thanks delivered by Ms. Prashansa Ghorpade from Fourth year Basic B.Sc Nursing. The beneficiaries for the seminar were all the students of MGM, MTCN. At last, the prize was also distributed among the winners of quiz competition.



**MOTHER TERESA
COLLEGE OF NURSING
AURANGABAD**



**ORGANIZING
SEMINAR ON
“ CHOOSE RIGHT
PLATE FOR
HEALTHY LIFE ”**

On the occasion of
**“National Nutrition
Week 2022”**

22nd
September, 2022
THURSDAY

11:00 AM - 01:00 PM

SPEAKER



MS. Deepali Pathak

Clinical Nutritionist & Dietitians Counselor
Arnav Clinic, Garkheda, Aurangabad

Venue

**Einstein Auditorium,
MGM CAMPUS, AURANGABAD**

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